



# the 1 revesbyworkers' Journal

AUG • SEP • OCT  
2023

THE YEAR IN REVIEW  
2022-2023

MELBOURNE CUP  
CELEBRATE THE RACE IN STYLE

WIN A \$20K HOLIDAY @ MISS IGGY'S  
AND WIN A HARLEY @ ROGUES





*The Revesby Workers' Club Board of Directors will host a very special presentation event on Thursday 26 October to acknowledge those who have been loyal members of the Club and are celebrating their 25, 40 and 50 year Membership Anniversary this year.*

*Those members celebrating their anniversary this year will receive an invitation in late September.*

*We look forward to welcoming and celebrating this milestone with you.*

 **revesbyworkers'**

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**Revesby Workers' Club**  
The Journal  
August • September • October 2023

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To stay up to date on what's happening at  
Revesby Workers' Club, visit our website:  
[rwc.org.au](http://rwc.org.au) and sign up for our eNews.

## CLUB ACTIVITIES

*Bingo will be cancelled on Monday 2 October (Public Holiday). All other sessions run as normal.*

# Our Members

At Revesby Workers' Club we love a "good news" story and even more when it relates to our community and members of our Club.



Tony Finneran

We are extremely thrilled to report that Mr Tony Finneran one of the driving forces behind our sub-club the Bankstown Stroke Support Group was awarded with the Volunteer of the Year Award 2023 from the Stroke Foundation on Thursday, 4 May 2023

Tony suffered a left side brain stroke in 2014 whereupon movement on his right side was seriously compromised following the location of three brain clots. After a fragile recovery period where life was in the balance

Tony began to recover and then became most instrumental in the commencement of the Bankstown Stroke Support Group that same year.

His vision was to help those such as himself to learn more about stroke, offer guidance through eminent guest speakers and to provide an opportunity for those in the community, both stroke survivors and their carers, to come

together and share their stories in support of each other. Tony is very conscious that his recovery is now a lifelong commitment.

Nothing has prevented Tony from wanting to play an active role in the stroke community together with endless volunteering to help those less fortunate than himself. His roles and volunteer activities include but are not limited to:

- Chair of Bankstown CCP (Consumer and Community Participation Committee)
- Consumer Representative of Consumer Rep Clinical Council Bankstown. Stroke Committee Bankstown and ED waiting room experience
- StrokeSafe speaker for Stroke Foundation
- Treasurer and organiser of the Bankstown Stroke Support Group
- Presenter at TYE Foundational Leadership course
- Active member of the Stroke Governance committee
- Member of the Federal Patient Advisory Group
- Member of the Federal Stroke Foundation NDIS working group
- Previous member of various Bankstown Hospital committees
- ACI - low vision and blind project initiated by Kate Thompson
- ACI - Co Design video project

Please join us in congratulating Tony Finneran on this prestigious and highly contested award. Thank you, Tony, for all that you do in our Local Community.

## Patron

A Patron is a person who has given many years of support to the Club.

**Alan Ashton**  
Revesby Workers' Club

**Dennis Hayward OAM**  
Mooney Mooney Club

## Honorary Members

A Honorary Member is a person who is a prominent citizen or local dignitary visiting the Club.

E Whitlam AC QC*	17/07/1996	C Jacobsen AM	14/11/2002	J Ferrarin	13/10/2014
M Whitlam AO*	17/07/1996	K Jacobsen OAM	14/11/2002	K Asfour	27/03/2018
N Wran AC CNZM QC*	17/07/1996	A Tierney	14/11/2002	P Newell*	25/06/2019
J Wran	17/07/1996	M Tierney	14/11/2002	W R Scott*	25/08/2020
R Hawke AC GGL*	17/07/1996	J Gillard AC	02/07/2009	P Amphlett OAM	05/08/2022
P Keating	15/10/2000	M lemma	26/11/2009	G Lester	25/10/2022
R Carr	05/05/2002	B Boon	02/11/2011		
B Brown AM	05/10/2002	Father M Thompson	05/11/2011		

\*Denotes deceased

## Life Members

A Life Member is a person who has rendered outstanding service to the Club.

MJ Donovan*	12/06/1968	NE Bullard OAM*	28/09/1986	NJ Smith OAM*	25/09/1994	I Stromborg OAM	30/10/2016
EL Smith*	12/06/1968	V Pavlick*	28/09/1986	H Bush*	24/09/1995	J Rodwell	29/10/2017
GA Johnstone*	12/06/1968	BJ Higgs*	27/09/1987	TC Semlitzky	28/09/2003	C Benham	28/10/2018
HJ McDougall*	12/06/1968	P Johnstone*	27/09/1992	DF Hayward OAM	28/09/2003	L Downey	27/10/2019
WN Hills*	21/12/1970	D Melham AM	27/09/1992	P Pride	25/09/2005	C Butters	25/10/2020
RJ Kelly*	24/09/1978	R Polley*	26/09/1993	PA Rogan*	25/11/2007		
M Macfarlane*	23/03/1981	JE Gibbons*	26/09/1993	A Moroney*	25/11/2007		
JI Webster*	25/09/1983	K Heaslip*	25/09/1994	AJ Ashton	18/09/2011		

\*Denotes deceased

## Vale Report (13 April 2023 - 7 July 2023)

Peter James O'Meara	Eileen Mustow	Thelma Hardy	Lorraine Joyce Quinn	Joan Garnett	Doreen Keene
Christina Sahpazidou	Wayne Steele	Susannah Spurr	William Bray	Kanjana Unsuwan	Gloria Horwood
Brian McGoulrick	Phillippe Martin	Wilma Gray	Pantoleo Martire	John Stubbs	Ulo Simmul
Priscilla Duncan	Brian Torr	Terence Oldham	David Adam	Toni Phillips	William Wallace Pearce
Patricia Seymour	Pietro Minopoli	Gwenyth Beehag	Roy Ward	Kenneth Walter Whitmarsh	Paul Olsen



# Executive

# Report



**Daryl Melham AM**  
President



**Scott Bennetts**  
CEO

Dear Members,

With the end of financial year now behind us, we look towards the second half of the calendar year with many of us starting the countdown towards the Christmas break.

We are happy to report that Revesby Workers' Club recorded a profit of circa \$8 million pending year-end adjustments, detail of which is outlined in the Financial Report, but more importantly that this enables our Club to continue to provide funding to our sub-clubs, invest in education through our school subsidy and scholarship program, consider sponsorships for charities and fundraising events and community projects to really give back to our members and wider Community.

## VALE WILLIAM PEARCE (FOUNDATION MEMBER #68)



*Bill's retirement dinner with family in 1981. Bill is seated on the right side, far back, age 55.*

It is great sadness that we advise our members of the passing of Foundation Member William "Bill" Pearce on 3 July 2023 aged 97. Bill was one of the Club's 8 remaining Foundation Members and living local, he still frequented the Club when he was able.

As a young married man having moved into Sphinx Avenue with his wife Jean, both Bill and Jean established themselves in the community where Bill became a member of the Workers' Club. He enjoyed socialising in the Sports Bar, playing snooker and darts and always had a bet on a Saturday with friends. When Bill reached retirement age, he celebrated with his family in the old dining room upstairs in the Club as you can see highlighted in the photo on the left. Upon losing his wife Jean in 1991, Bill became a regular golfer and with that came beers after each game in the Sports Bar with his golf buddies. The Club became such a great support for Bill in his later years since becoming a widow.

Bill was always very proud of the Revesby Workers' Club, acknowledging the work within the community that it did and he always sang the praises of the staff and Directors and felt very proud to be part of the history and day to day life of such a great Community Club.

## VALE MARIJANA PROJCHESKI

31/10/1986 - 10/7/2023

A new mother, beloved wife and friend to many.

It is with heavy heart that we inform our Revesby Community of the sudden passing of Marijana Projcheski. Many would remember her welcoming face as she greeted and farewelled you as part of our Guest Relations Team.

She will be remembered fondly and sadly leaves behind her husband Nick and month-old twin boys, Hunter and Hayden.



*Marijana with her twin boys.*



## AUDITORIUM AND FUNCTIONS RENOVATIONS

As briefly mentioned in our previous Executive Report, the Board of Directors were reviewing a proposal for a much-needed renovation to our Auditorium and Functions area. We can confirm that this proposal has since been approved and that these renovations are due to commence in January 2024. Due to the volume of works being undertaken, the renovations are expected to take approximately 9 months meaning the Whitlam Theatre, Waratah, Acacia and Grevillia rooms will be unavailable from January through to September 2024.

We understand a closure of the functions area for such an extended period will put strain on the remaining function spaces within the Club and while our functions team will endeavour to look after as many bookings as possible, we appreciate your understanding during this time.

We are excited to share the concept images on the right to give members an idea of our vision and to share what we believe will be a state of the art, modern, future focussed area for our members to enjoy in the future.



*Concept images of the new Function Centre.*

## 2023 CLUBGRANTS

2023 Canterbury Bankstown Council run ClubGRANTS (Category 1) were open for applications from Tuesday 14 March 2023 and closed on Friday 21 April 2023.

163 applications were received and reviewed by the ClubGRANTS Committee with 21 being wholly or partly funded by Revesby Workers' Club. These organisations include:

- **Bankstown City Aged Care** – Creating a home like environment in aged care
- **Bankstown District Uniting Church** – English Second Language Classes for Refugees and Asylum Seekers
- **Bankstown Koori Elders Group** – Ceramic and Aboriginal cultural projects
- **Biyani House – Revesby Women's Shelter** – Operations Support
- **Broderick Gillawarna School** – Smell, touch, look and listen – Sensory Garden
- **Caroline Chisholm School** – Outdoor pool shade cover structure
- **Chester Hill Neighbourhood Centre** – Resources for family on-line cooking classes
- **Coolaburoo Neighbourhood Centre** – Let's extend the Counselling support to Family and DV Victims
- **Headway Adult Development Program Inc** – Serving Canterbury Bankstown for 40 years (Cooling for Life Edition)
- **Mercy Works Ltd – Mercy Connect** – Mentoring Program for Refugee and Asylum Seeker Students
- **Morris Children's Fund Inc** – Music Therapy at 3 schools that cater for children with a disability
- **Nanghami Ngallia Aboriginal Corporation** – Nanghami Ngallia Outreach Program
- **Our National Heart Pty Ltd** – Heart of the Nation Communities
- **Revesby Uniting Church** – Kidsplay @ Revesby
- **Richmond PRA** – Headspace Hangout
- **St Luke the Evangelist Parish Church Revesby** – The Perfect Blend
- **St Vincent De Paul Society** – Vinnies Bankstown Support Centre (New Freezer for food provisions)
- **The Multicultural Network** – Seniors Aged Care Program
- **The Potters House Revesby** – Revesby 180
- **Whitlam Institute** – Civics and Citizenship for Young Australians
- **Women's Justice Network** – My Way Youth Mentoring

All organisations who were successful in receiving whole or part funding have been invited to attend a ClubGRANTS presentation ceremony at Bankstown Sports Club on Friday, 4 August 2023.

## ANNUAL GENERAL MEETING

Please note our AGM is scheduled for Sunday, 29 October 2022 at 10am and will be held on the Club's premises. If you have any questions for the AGM, please ensure they are received in writing 7 business days prior to the meeting.

We look forward to our members' attendance in support of the Club.

**Daryl Melham AM**  
President

**Scott Bennetts**  
CEO



**Daryl Melham AM President**

## THE YEAR IN REVIEW

With the closing of the 2022/2023 Financial Year this provides opportunity to reflect on the past 12 months, on the key achievements, special events, community contributions, new member facilities and services, future developments and fond farewells.

## JULY 2022

**Athletics NSW Merit Award;** Congratulations to Club Director and Life member Christine Butters who was awarded a Little Athletics NSW Merit Award on 16 July 2022 for her long and meritorious service to little athletics in NSW.



*Club Director Christine Butters receiving The Little Athletics NSW Merit Award.*

Christine became active in the Little Athletics club in the 90s, and for the last 20 years has been its driving force.

Our supported Community projects this year included;

- Bankstown City Aged Care
- Bankstown Koori Elders Group
- Biyani House Revesby Women's Shelter
- Broderick Gillawarna School
- Caroline Chisholm Public School
- Dress for Success Sydney Inc
- George Bass School
- Life Education NSW
- Lifeline Macarthur
- Metro Assist Limited
- Nanghami Ngallia Aboriginal Corporation
- OzHarvest
- Revesby Uniting Church
- STARTTS
- Whitlam Institute

## AUGUST 2022

**ClubGRANTS Scheme;** has seen more than \$1 billion given by clubs to community groups, charities and sporting teams across NSW. The Club was honoured to host the 2022 ClubGrants Presentation Ceremony on Friday 5 August. The ceremony was attended by Local Members of Parliament, the Council Mayor, Khal Asfour, Club Directors, Council's senior management and all the community representatives.

This year, the Local ClubGrants Committee, administered by Council, received applications for 108 projects, with request for funding amounting to over \$2.2 million. After devoting significant time to carefully assess and evaluate each application, the Committee made recommendations to the participating clubs, and thus, this year, 54 projects will receive \$1,165,010 in funding.

This year, Revesby Workers' Club funded \$269,990 which will support 15 different projects. As with all of the other participating Clubs, Revesby Workers' Club is proud of its involvement in the ClubGrants scheme putting back into the local community.



*ClubGRANTS recipients.*

SEPTEMBER 2022

**60th Anniversary Celebrations;** On Saturday 10 September 2022, Revesby Workers' Club celebrated its 60th year with special Anniversary Dinner. In the lead up to this event, members were treated to 60 days of special offers, 7 days a week.

Since 12 September 1962, the Club has remained true to its traditions. Continuing to build a foundation that respects its heritage, honours its values and ensures its futures. A worker's club that has 'worn its heart on its rolled-up sleeve'

Guests of the anniversary event were greeted on arrival with



a selection of delicate canapés before proceeding to the Club's Whitlam Theatre to begin the night.

The evening featured entertainment by Internationally Renowned 'The Williams Brothers', performing from their acclaimed shows 'A Salute to Rock n Roll Legends' and 'Australian & American Bandstand' followed by Monique Montez as Dusty performing her show 'The Very Best of Dusty Springfield'. A surprise visit from old pal, Wally the Worker brought back many memories, putting a smile on everyone's faces.

Guests were served a 3-Course menu reminiscent of the early Club days, paired with a select range of beverages and finished off with Anniversary Red Velvet Cupcakes.

To acknowledge the Club's 60th year, all guests were gifted an Anniversary Keyring along with a USB drive containing a digital copy of the Club's 'True to our Traditions' history book, including new chapters spanning the last 10 years.

It was a memorable event, one that will be remembered for years to come. Thank you to everyone who helped celebrate the Club's 60th year!

## OCTOBER 2022

**Member Anniversary Celebrations;** on Thursday 27 October, a special event was held for our members who celebrated their 25, 40 and 50 year member anniversary.

The event started with a morning tea for our 40 and 50 year members followed by a dinner for our 25 year members. The Club's Board were present to congratulate all members who attended.



*Left-Right: Attendees at the 25yr Member Anniversary event; Club President Daryl Melham with 40yr Member Sam Geadah.*

**Farewell John Rodwell and Ian Stromborg;** it was with a heavy heart that we farewelled Vice President John Rodwell and Director Ian Stromborg from the Board of Directors on 30 October 2022.



*Ian Stromborg*

Ian Stromborg joined the Board of Directors on 24 September 2006. Ian was appointed to the Board due to his work in the local community having served 5 terms as the Mayor of Bankstown and also a former Councillor of Bankstown City Council.



*John Rodwell*

John Rodwell joined the Board on 19 November 2007 following a long association with the Club thanks to his service as the President of Revesby Workers' Little Athletics and his association with the Labor Party.

Soon after joining the Board, John was appointed as the Vice President on 26 September 2010.

John's work in the local sporting community is to be commended having been associated with Little Athletics since the late 80s.



*Top-bottom: 60th Anniversary event photos.*



# The year in review

continued...

**Welcome New Directors;** during the 2022 Annual General Meeting, the results of the election for Board of Directors were announced confirming that David Raper and Linda Downey would be joining the Board of Directors at Revesby Workers' Club.



Newly elected Club Director  
David Raper.

David has been a member of Revesby Workers' Club for over 35 years and was previously the Vice President of the Revesby Workers' Men's Bowling Club until his commencement on the Board. Born and raised in Revesby, David Raper now resides locally in Panania and has done so for the last 15 years. David has taken over the Liaison Director duties for the Revesby Workers' Billiards and Snooker Club, Revesby Workers' Darts Club and Revesby Workers' Spearfishing Club.



Newly elected Club Director  
Linda Downey.

Linda is no stranger to the Club having been awarded Life Membership on 27 October 2019. Linda is a Councillor of Canterbury Bankstown City Council and served as the Mayor of Bankstown in 2014-2015 and Deputy Mayor in 2021. Linda is a careers advisor at a local High School and has been associated with Revesby Workers' Club for many years.

**New Vice President;** following the AGM, the Board elected Christine Butters as Vice President unopposed to replace John Rodwell. While Christine has said on a number of occasions that she believes she has big shoes to fill, we are extremely confident that the right person for the position has been appointed.



New Vice President  
Christine Butters.

Christine Butters was elected to the Board on 29 September 2010. Her service not only to the Club but to the community is immeasurable.

## NOVEMBER 2022

**Local Schools Subsidy Program;** on Monday 7 November, the Club generously donated \$84,000 to twenty-eight schools in the local community. A scheme, now in its 23rd year, was introduced by past President Bill Bullard and since its inception has seen Revesby Workers' donate in excess of \$2 million dollars to local schools.

The annual morning tea presents each school with a cheque for \$3000. Each School makes a prior submission as to the proposed allocation of these funds, of which included, playground upgrades, extra support staff and learning devices to name a few.

This year's recipients included:

- Alford's Point Public School
- Broderick Gillawarna School
- Brooklyn Public School
- Caroline Chisholm Public School
- De La Salle College
- East Hills Boys' Technology High
- East Hills Girls' Technology High
- East Hills Public School
- Illawong Public School
- Menai High School
- Menai Public School
- Milperra Public School
- Mount St Joseph's Milperra
- Padstow Heights Public School
- Padstow North Public School
- Padstow Park Public School
- Panania North Public School
- Panania Public School
- Picnic Point High School
- Picnic Point Public School
- Revesby Public School
- Revesby South Public School
- Sir Joseph Banks High
- St Christopher's Catholic Primary School
- St Luke's Catholic Primary School
- St Therese's School
- Tharawal Primary School
- Tower Street Public School



Recipients of the Local Schools Subsidy Program.

## DECEMBER 2022

**Seniors Christmas Concert;** this annual event, held on 13 December, once again proved very popular, attracting over 500 senior members. All enjoyed a 2-course menu followed by a series of live festive performances.





*NSW Labor Leader Chris Minns and NSW Labor candidate for the seat of East Hills, Kylie Wilkinson chat with attendees.*

The attending members were also greeted by then NSW Labor Leader Chris Minns, MP and NSW Labor candidate for the seat of East Hills, Kylie Wilkinson - Labor for East Hills. Both spoke openly about the importance of their roles within the local community, engaged individually with members and wish everyone a safe and festive holiday.

Special appearances were also made by Mrs Clause and our very own Wally The Worker, sporting a Santa Hat.



*Left-right: Wally The Worker making an appearance; table of attendees enjoying the Christmas cheer.*

**Photos with Santa;** the always popular annual event that sees the Club's Brett Street Foyer transformed into the North Pole didn't disappoint. The Club saw over 3,000 families visit from all over Sydney to capture those special festive memories in a set that featured a full-size sleigh with reindeer. And let's not forget our many furry friends who also enjoyed their visit with Santa at the Club's outdoor set.



*Left-right: Santa's Sleigh and Santa Pet Photos.*

**Our Club Community Gives at Christmas;** for many years the Clubs' foyer has played home to a very special Christmas tree, the 'Workers' Giving Tree' and our Health Mates Fitness Centre continues to host its annual Food Drive. Supporting the local Community Care Christmas Appeal, members, guests, staff and wider local community were invited to

generously donate a gift or food item and help make someone's Christmas just a little bit more special.

Christmas is often a critical time for these families and the Community Care Appeal provides not only an opportunity to bring a little cheer during this time through Christmas presents and food hampers, but to create important community connections that often develop in long term friendships that further assist in identifying additional support services that can assist their situations.

The Community Care Christmas Appeal distributed over 250 Gifts and Food Hampers to households in the community during December with the generous support of the Revesby Workers' Club community.

Community Care supports families and individuals across the Bankstown LGA but more specifically in Padstow, Panania, Revesby, Picnic Point, Milperra and East Hills.



*Top-bottom: Club CEO Scott Bennetts with Grant from Community Care in front of donated gifts; Health Mates Fitness annual Food Drive.*

## JANUARY 2023

**Miss Iggy's;** officially opened on Friday 13 January, a new venue bringing a trendy inner Sydney vibe to the heart of Revesby. With an eclectic design, inspired by the rich vibrancy, street art and quirky slang of the 90's, it offers a full range of services and facilities, including kitchen, bar, lounge, live entertainment and arcade.



*A view from inside the trendy new Miss Iggy's establishment.*



# The year in review

continued...

The Miss Iggy's product was designed to complement the Rogues Sports Bar venue which opened in late 2021. Both are located within the Club's Brett Street foyer, thus allowing for the creation of a unique dual venue offering for our fun-loving, young at heart demographic.

Greeted by an illuminated entry portal and mirrored graffiti door, the venue flows seamlessly offering varying interest points of floor to ceiling murals, neon art and quotes.

The extensive bar selection is magnified by the striking central light feature streaming up the column and across the ceiling. The Kitchen offers a menu designed to mix and match, with a range of snack and sharing options.



Top-bottom: The Miss Iggy's bar with striking light feature; the kitchen area and a selection of food options to suit all tastes.

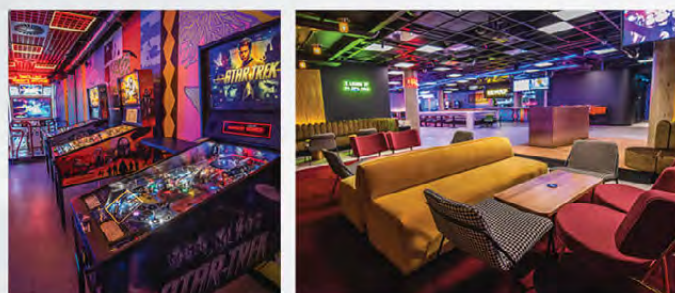
Adjacent to the stage area for our live entertainment line up of musicians and DJ's is the lounge, framed by wall draped gold chains, lux banquet seating, focal gold lounges and decorative armchairs, comfortably creating private group spaces to unwind.



Scenes from the Miss Iggy's opening night.

You can even get competitive and unleash your inner big kid at the Arcade. Featuring a retro range of Pin Balls and Stand-Up Arcades.

The response to Miss Iggy's has been nothing short of positive.



Left-right: A view of the arcade and lounge areas.

**Kids Minifit Clinic;** a club supported program, now in its fifth year, was held on 17 January during the summer school holidays, in the Clubs Whitlam Theatre. The free program is designed to encourage health, fitness and wellbeing amongst kids in the local community. Developed and hosted by Rugby League Legend, Anthony Minichiello, whose passion is to educate children on how being active can offer so many benefits and set them up for healthy habits for the rest of their lives.

## FEBRUARY 2023

**Rogues Super Bowl Party;** celebrating the 57th Super Bowl on 13 February 2023, Rogues Sports Bar offered members and guests a chance to get involved in this annual event with the introduction of its Super Bowl Package. Attracting more than 150 bookings for the 9am party of hot dogs, burgers and beers, it proved hugely successful for the sporting venue and will no doubt become a regular event.



Super Bowl Fans enjoying the party!





Fans enjoying the various food and drink options.

### MARCH 2023

**International Women's Day;** celebrated on 8 March 2023, in partnership with Leagues Club Australia, the Club held its third International Women's Day Networking Luncheon, raising over \$9k to support the Biyani House - Revesby Women's Shelter.

Hosted again by the yodelling queen herself, Laydee KinMee, the luncheon started off with a "Welcome to Country" by Educator and Artist, Shannon Foster, followed by a speech from Revesby Workers' Club Vice President Christine Butters and Revesby Workers' Club Director Kylie Wilkinson, on behalf of Biyani House - Revesby Women's Shelter.

The crowd was inspired and motivated by the personal stories from Guest Speakers Wendy Harmer and Robbi Mack, who were both distinctly different and equally inspiring.



Left-right: The Whitlam Theatre was filled in a sea of pink and purple for International Women's Day; guest speakers Robbi Mack and Wendy Harmer.



Our Club President Daryl Melham AM, Vice President Christine Butters and fellow directors presenting the Biyani House - Revesby Women's Shelter with a cheque for the monies raised during our International Women's Day event.

### **Congratulations and Farewell**

**Kylie Wilkinson;** at this year's 2023 NSW State Election, Kylie Wilkinson, successfully campaigned for the NSW Labor Seat of East Hills, thus now making Kylie our Local Member of Parliament for East Hills. Kylie and her team led a strong campaign for a 'Fresh Start' for East Hills and we are very excited to see the improvements they will make to our local community in the coming years.



Kylie Wilkinson

For the members who know Kylie well, they would have been well aware of her ever-growing workload as a Director of the Revesby Workers' Club Board since 28 October 2018, serving as the Deputy Chair on the Biyani House Board and President of Bankstown Jets Touch Association just to name a few. Kylie's appointment as Local Member meant a review of her positions was required and it was for this reason that Kylie made the difficult decision to resign from her position as Director of Revesby Workers' Club Ltd on 4 April 2023.

Kylie achieved a significant amount in her time serving as a director. She was instrumental in the opening of the Biyani House Revesby Women's Shelter, has had oversight of the newly renovated Rogues Sports Club and the introduction of Miss Iggy's and offered support to her sub-clubs, namely Revesby Workers' Football Club, Senior Golf, Revesby Workers' Touch Football Club, Indoor Mixed Bowls and more recently the Scrabble Club and Australian Native Orchid Club.

We wish Kylie every success in her new role as our Local Member and thank her for everything she has done for the Club and local Community.

### APRIL 2023

**Tertiary Scholarship Program;** congratulations to this year's Revesby Workers' Tertiary Scholarship Program recipients. The Clubs ongoing and new recipients were presented with their scholarships at an afternoon tea held by both Directors and the Scholarship Committee on 2 April 2023.

Attended by over 40 recipients and their parents it was a fabulous afternoon sharing the history of our scholarship program while giving our lucky recipients a chance to meet fellow University students.

The Club this year, generously awarded two \$3,000 scholarships and a total of \$25,000 in \$500 scholarships.



2023 Revesby Workers' Tertiary Scholarship Program recipients.



# The year in review

continued...

**Anzac Day;** one of the most important events in the Australian calendar. It is a solemn day of remembrance of those Australian and New Zealand Army Corps soldiers who fought and died at Gallipoli in 1915. This year's Anzac Day Service saw some 300 members, sub clubs and local community march from Bankstown YMCA down Macarthur Avenue to Revesby Workers' Club, followed by a Service at the Cenotaph. Attendees were invited for a post service refreshment in The Function Centre, before joining in on a traditional game of Two Up in Rogues Sports Bar.



Top-bottom: ANZAC service at the Cenotaph; Two Up in Rogues Sports Bar (right).

**Vale Wayne Leonard Steele;** on 25 April 2023, the Revesby Workers' community, sadly lost a dear colleague and friend, Wayne Steele. Wayne's passing, after a brief illness, was sudden and unexpected.



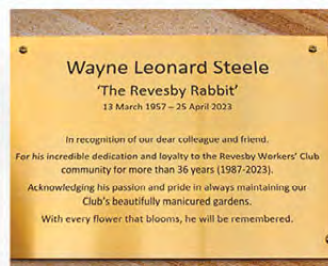
Vale Wayne Leonard Steele.

Wayne started at the Club in 1987 as a Gardener with the Facilities Team, more than 36 years ago. During this time, Wayne was well known as an incredibly dedicated, hardworking and loyal member of the Revesby Workers' family. Rain, hail or shine, Wayne would be outside performing his tasks with the

utmost pride to ensure every person was greeted first with a beautifully manicured garden.

Wayne was also a huge Rabbitoh's fan and after a hard day's work, you would often find him sharing a beer with his mates in the Sports Bar, watching a game of footy.

Wayne's service, was well attended by family, friends and colleagues on 25 May 2023 and followed by a wake at Revesby Workers' Sports Club where Club President, Daryl Melham announced that a plaque in acknowledgment of Wayne's commitment to Revesby Workers' would be befittingly placed on a garden bed at the main entrance.



Top-bottom: Family, friends and work colleagues in attendance at the Wayne Steele plaque reveal ceremony.



## MAY 2023

**Trading Floor Renovations;** to minimise disruption to our members and guests, this project was completed over five (5) stages, with the last stage completed in late May. The new area was carefully designed, providing a more spacious and comfortable environment.

A renovation of this size takes a great deal of collaboration and planning between staff and tradesmen to ensure the project is executed in a timely manner and completed on schedule.

We thank our members and guests for their patience and congratulate our Executive Manager of Gaming, Allison Gibbons and her team for the effort and significant time they have put into this project.

## JUNE 2023

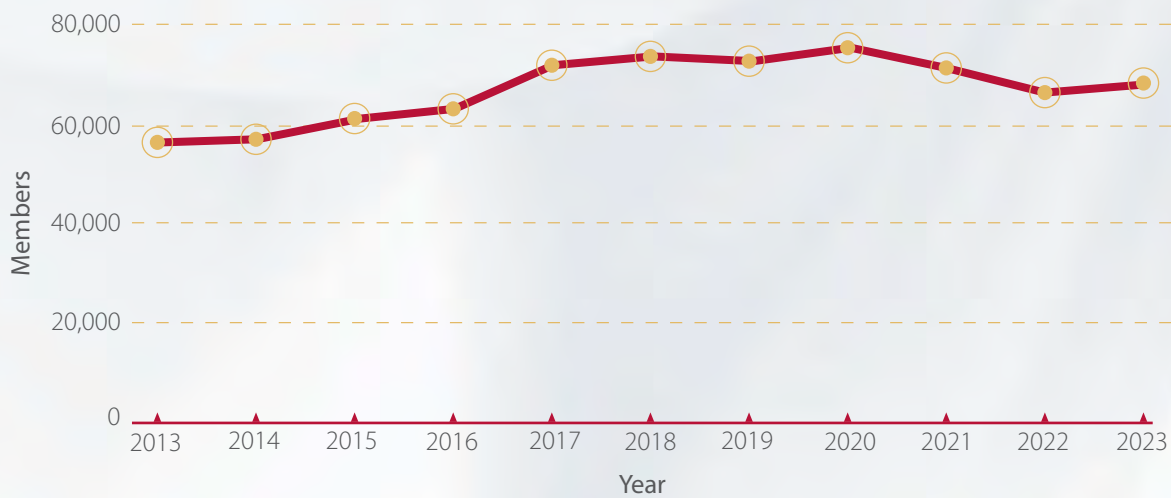
**Membership Numbers;** following multiple years of disruption caused by COVID, this financial year saw a stabilisation in membership numbers month on month, which rounded out the total number of financial members at 30 June 2023 to 68,454.

Thank you to my fellow Directors, our dedicated staff and to all members for their continued support over the past year.

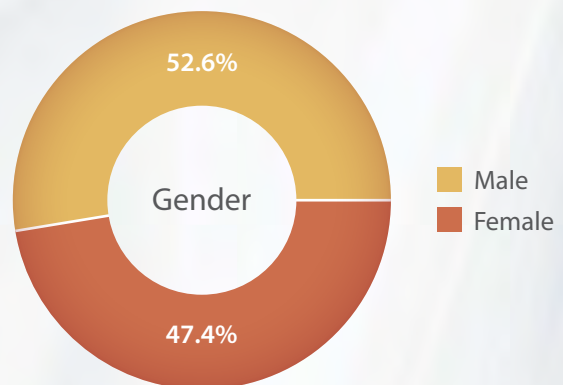
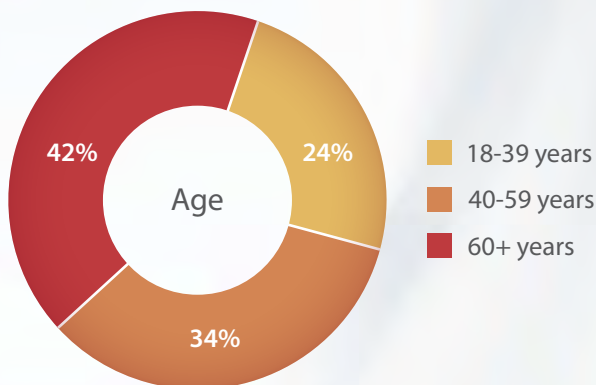
*Daryl Melham*

**DARYL MELHAM AM**  
President

Total Active Members Annual Comparison



Below is a demographic snapshot of our current financial membership.



## The Board of Directors



**Daryl Melham AM**  
President



**Christine Butters**  
Vice President



**Christine Benham**  
Director



**Baden Kirgan**  
Director



**David Raper**  
Director



**Linda Downey**  
Director



# Our Club Community

## A COMMITMENT TO RESEARCH & PREVENTION

**Asbestos And Dust Diseases Research Institute (ADDRI)**  
As in previous years, Revesby Workers' Club Ltd has again committed \$45k to the newly named Asbestos Dust and Diseases Research Institute.

Australia had one the world's highest incidence of malignant mesothelioma per capita in 2018, with more than 700 new cases diagnosed each year due to the widespread use of the known carcinogen, asbestos.

However, it was three years earlier when the fight against this disease really hit home at Revesby Workers', after the club's very popular president and ClubsNSW chairman Pat Rogan contracted the disease and later died in February 2015 from the consequence of working in an asbestos environment.

Going on 5 years, the Club remains committed to supporting the Asbestos Dust and Diseases Research Institute. This is key research which, if successful, will alleviate the suffering of many Club members and members of our local community that are affected by this wretched disease. It also has implications around the World, where asbestos is still being utilised with no regard, particularly in third world countries.

While asbestos continues to be a cause of concern for public health, the Revesby Workers' Club will continue to support ADDRI who will continue to pursue a prevention of this life-threatening disease.



President Daryl Melham AM attending the opening of the renamed "Bernie Banton Centre" in Concord.

## ENSURING OPTIMAL HEALTH CARE

### Bankstown-Lidcombe Hospital

On 26 May 2023, Club President Daryl Melham AM and Director Christine Benham attended Bankstown-Lidcombe Hospital to proudly present the hospital with a cheque in the amount of \$50k from the Club's Bill Bullard Charity Foundation.

This much needed funding enabled the hospital to purchase a high quality ultrasound machine that will allow anaesthetic doctors and nurses to help Bankstown-Lidcombe Hospital patients in three key ways:

1. Providing ultrasound-guided 'nerve blocks' for patients having surgery, reducing or eliminating pain after surgery, and allowing a speedy recovery and return home;
2. Assisting vascular access, to allow medications and monitoring lines to be placed first time; and
3. Allowing assessment of patients, by scanning the heart and lungs to ensure doctors can guide medication and fluid therapy more effectively.

As a Club we are extremely appreciative of all those who donate to the Charity Committee (including many of our sub-clubs) and those who attend the weekly Charity Raffle at Revesby Sports Club on a Friday night.



Left-right: Christine Benham - Director Revesby Workers Club, Eleanor Halvey - Nurse Manager Perioperative, Daryl Melham AM - President of Revesby Workers' Club, Dr Amy Taylor - Deputy Director Anaesthetics, Neema Rajak - Acting Nursing Unit Manager Anaesthetics and Recover and Peter Rophail - General Manager of Bankstown Lidcombe Hospital.



## SUPPORTING VULNERABLE HOUSEHOLDS

### Padstow Community Care Winter Appeal

The Revesby Workers' Club is supporting Padstow Community Care's Winter Appeal this year by donating \$2,000 to assist Community Care in supporting the most vulnerable households across our community.

Many families and households are finding the rising costs of living extremely challenging and due to the increases to every day food and groceries, electricity, home loans are finding themselves in financial hardship.

The Club understand these pressures and showed no hesitation in getting behind this Community Appeal.

## A COMMITMENT TO COMMUNITY EVENTS

### Padstow Rotary

Yet another longstanding association is that of Padstow Rotary, their annual Carols by Candlelight Event and the ongoing sponsorship provided by Revesby Workers' Club.

This year the Club has committed to a Silver Sponsorship for this wonderful community event. We look forward to attending and seeing many familiar faces in what we see as the Christmas event of the year.



*Padstow Rotary annual Carols by Candlelight.*

## SUPPORTING ESSENTIAL SERVICES

### Brooklyn Spring Fair

Located in Brooklyn and near our Mooney Mooney Club is the Hawkesbury River Child Care Centre ("HRCC"), a community run child care centre that provides childcare services to Hawkesbury River Communities.



*The annual Brooklyn Spring Fair.*

The space within Brooklyn Public School, where HRCC is located, only allows 16 children in the centre and while considerably small, their waiting list is continually growing. Events such as the annual Brooklyn Spring Fair are what keeps the HRCC financially viable and it is for this reason that Revesby Workers' Club has

committed to a Bronze Sponsorship in support of their dedicated staff and volunteers.

The Brooklyn Spring Fair will be held on Sunday 15 October 2023

## THE TALENTED TRIO

### Revesby Workers' Netball Club

Revesby Workers' Netball Club had three (3) outstanding athletes recently compete in the Netball NSW HART Senior State Titles; Izzy McFarlane, Megan Hallows and Lexi Dredge.



*Izzy McFarlane, Lexi Dredge and Megan Hallows.*

The HART Senior State Titles is a flagship event within the Netball NSW pathway. The 3-day tournament, held from 10-12 June 2023, showcases the strength of grassroots netball with players from all over the state coming together to play the game they love.

The road to playing in the State Titles has been a long and drawn-out process that has seen immense dedication to the sport from these young ladies. All 3 girls successfully made representative teams in U12s, U13s and U14s, but unfortunately did not get the chance to play State Titles.

The Under 12s in 2020 was cancelled due to COVID-19. The Under 13s was delayed due to COVID-19 Lockdown the week before State Titles and then cancelled a few months later. The Under 14s in 2022 went ahead at Penrith. Day 1 was played in torrential rain. Days 2 and 3 were cancelled as Penrith and Surrounding areas all flooded. Despite the numerous set-backs, these girls trained hard and stayed committed. 2023 saw them move into the Under 15s, which is the Senior Representative Platform. All 3 girls were selected into their respective teams and continued to train hard.

The June long weekend saw them travel north to the Maitland District Netball Association where other talented players from all over NSW would all come together and compete in the intra-state competition. They played 19 games of Netball over 3 days. It was high quality Netball and Izzy, Megan and Lexi played with grit, determination and passion.

The State Titles showcase the best that netball has to offer at a community level and Revesby Workers' Netball Club are lucky to have these ladies within the club and could not be prouder of their achievements.



# Our Club Community

## Continued...

These young ladies continue to play in the club's top team on a Saturday. Lexi and Izzy are also coaching the youngest Workers' Superstars (Under 8s) to hopefully inspire a new batch of Netball lovers and future representative players.

Continue to shine bright ladies.



Revesby Workers' under 8s Netball team.

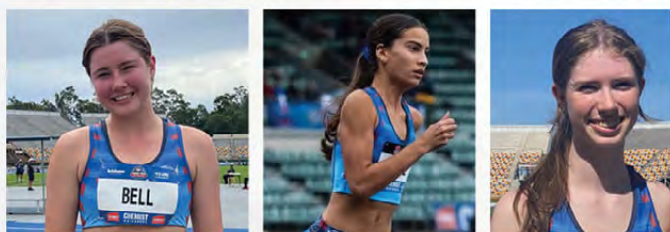
## SUPPORTING SPORT DEVELOPMENT

### Player Sporting Assistance

Revesby Workers' Club generously provide Sporting Assistance to any Revesby Workers' Club athlete who attends representative events interstate and internationally.

In the last quarter, we have been proud to support the following members of Illawong Revesby Workers' Senior Athletics who all participate in the NSW Junior Track and Field Championships in Brisbane in April:

- **Kurt Michael** (Under 17 - Boys High Jump);
- **Rosalee Floyd-Kerr** (Under 16 - 800m);
- **Channary Royal** (Under 16 - 400m);
- **Karina Bell** (Javelin, Discus and High Jump);
- **Helena Macarthur** (Under 17 - Girls High Jump).



Top-bottom (L-R): Kurt Michael; Rosalee Floyd-Kerr; Channary Royal; Karina Bell and Helena Macarthur.



Karen Cain (right).

The Club has also supported Mooney Mooney Women's Bowling Club member Karen Cain with player assistance funding towards travel costs for the Champion of Champions Singles event she participated in during June 2023.

## HOME-GROWN STAR

### Revesby Workers' Cricket Club



Ashleigh "Ash" Gardner

Ashleigh "Ash" Gardner emerged as one of Revesby Workers' Cricket Club's finest talents. She developed her all-round game before eventually debuting in the Australian women's Twenty20 team against New Zealand in 2017.

Jumping forward, Ashleigh is currently in England playing for Australia in the Women's Ashes Series, which is played with several formats of the game. The first match was a rare 5-day match, where Ash excelled with her spin bowling taking an amazing 4 wickets for 99 runs in the first innings and an even more amazing 8/66 in the second innings – a total of 12 wickets for 165 for the match, a record tally for any Australian woman, also winning the Player of the Match award. Earlier this year she was also selected by the Gujarat Giants to play in the inaugural Women's Premier League in India for a huge valuation of \$558,000.

At only 26 years of age, Ash has already amassed many achievements and awards including the Women's World Cup championship in 2022, ICC Women's T20 World Cup Championships in 2018 and 2020, Commonwealth Games Gold Medal in 2022, Women's National Cricket League Championship in 2016-17 and 2018-19 and Women's Big Bash League Championships with the Sydney Sixes in 2016-17 and 2017-18. She was awarded the ICC Women's T20 World Cup player of the Final in 2018 and the very prestigious Belinda Clark Medal in 2022, having been judged the most outstanding Australian female cricketer of the season.

During the COVID-19 lockdowns, Ash set up her Ashleigh Gardner Foundation, took up painting Indigenous art, at which she is considered to be excellent, and spent time discovering her Indigenous heritage, of which she is immensely proud. The Ashleigh Gardner Foundation is a not-for-profit organisation established to give Aboriginal children a positive experience at school and a healthier start to the day by providing breakfast and unstructured play, encouraging them to complete their education, long term.



# Our *staff*

## A FOND FAREWELL AND NEW ARRIVALS

### Farewell after 41 Years of Service

Revesby Workers' said farewell to its longest serving full-time employee, Denise Follers.

Employed for an incredible 41 years, Denise first joined the Club on 25 October 1981, as a catering attendant within the Catering Department. In 1996, she moved on to become a Senior Cashier/ Supervisor, followed by a Duty Manager role in 1997, before moving up to a Senior Duty Manager in 2000.

In 2002, Denise took on the role of Catering Manager, back in the department she first began, before finally moving into the People and Culture Department to become the Club's Rostering Manager, a position she held for more than 20 years.

Denise played an integral role within the Clubs operations and its staff community. Her unwavering dedication and desire to always consider each staff members personal commitments in order to build a robust roster that supported a work/life balance, whilst meeting the demanding needs of the business, was no easy task.

Denise was truly an asset to not only the People and Culture Department, but also the Club and we thank her for this incredible contribution.

### It's a Baby Boom

There was certainly something in the water at Revesby Workers' with the number of staff having babies in the last few months!

We know how precious these little bundles are and we are very proud to celebrate and share these momentous occasions with our wonderful staff, some of whom are just beginning their journey through parenthood for the first time.

A congratulations to our mums and dads!



Top-bottom: Photos from Denise Follers farewell event.



Twins Eijaz & Eiyanna  
Born 17 April 2023  
Son and Daughter of Katya McFall



Briella Nguyen  
Born 3 June 2023  
Daughter of Simon and Nhi



Harvey Uong  
Born 22 June 2023  
Son of Jin Tran



# KILLER QUEEN EXPERIENCE



Friday 18 August • \$45 • Doors 8pm • Show 8.30pm



## THE CARNAVAL EXPERIENCE



Saturday 16 September • \$37.50 • Doors 8pm • Show 8.30pm



Australia's New KINGS OF VARIETY TELEVISION  
The ROBERTSON BROTHERS Proudly Present Special Tributes To:

**SIMON & GARFUNKEL**  
**ROY ORBISON**  
**CLIFF RICHARD**  
**THE BEE GEES**



GUEST STARRING

DEAN BOURNE

SIMON BROOK McLACHLAN

Saturday 7 October • \$55 • Doors 7.30pm • Show 8pm



When I  
WAS  
Your Age...  
**JOE AVATI**  
2023 WORLD TOUR

Friday 13 October • \$59.90 • Doors 8pm • Show 8.30pm



Father's Day



# WIN Dad a CARLTON DRAUGHT Retro Esky

PLUS 2 Cases, valued at \$450 this Father's Day

Simply purchase a Carlton Draught from Bar 240  
for the chance to WIN!

Enter between  
Monday 28 August and Sunday 3 September 2023.

MEMBERS  
ONLY  
PROMO



Terms and conditions apply. Members Only Promotion. Entry is by purchasing a Carlton Draught schooner from Bar 240. A financial membership card must be swiped during point-of-sale transaction to activate promotion. Promotion commences Monday 28 August 2023 and concludes on Sunday 3 September 2023. One (1) winner will be drawn on Monday 4 September 2023 at 10.00am. The winner does not need to present to claim prize. The winner will be contacted via phone and or email. See [rwc.org.au](http://rwc.org.au) for full details.

## TREAT DAD THIS Father's Day

Open all weekend. Flavoursome favourites, cultural cuisine  
and delicious desserts.



FIRESTONE  
KITCHEN + BAR



Auntie Eight's  
Vietnam



CAFE 240



ROGUES  
SPORTS BAR



# MONDAY NIGHTS

**ALL DAY  
MONDAY**

**ALL DAY  
TUESDAY**

**ALL DAY  
WEDNESDAY**

**ALL DAY THURSDAY**

# ALL DAY FRIDAY







# TOMICH

Tomich Wines

## DINNER

Award Winning, Family Owned, Handcrafted Wines from the Adelaide Hills, featuring bold full bodied reds to crisp and refreshing whites.

Showcasing the full Tomich Wines variety, perfectly complimented by a five-course menu.

### MENU

#### First Course

**Kingfish Sashimi**

*ponzu, avocado puree, radish, shiso*

#### Second Course

**Savoury Custard**

*celeriac, braised shitake, tobiko*

#### Third Course

**Duck Breast**

*pomegranate beetroot puree, roasted golden beetroot, hazelnut*

#### Fourth Course

**Braised Beef Ribs**

*caramelised onion jus, charred leeks, beer mustard*

#### Fifth Course

**Basque Cheesecake**

*mandarin sorbet, ginger crumble*

**When:** Wednesday 30 August, 6pm for 6.30pm start

**Where:** Element

**Tickets:** \$85 per person

(Ticket includes all food and beverages)

Visit **Club Reception** or [rwc.org.au](http://rwc.org.au) to book.

- events at -

element

## BOOK & WIN

Enjoy wining and dining in the outdoors.

**WIN** a Fire Pit, valued at \$120

Simply purchase a Tomich Wine Dinner Ticket for the chance to WIN!

**Enter between 1 - 30 August 2023**





# Melbourne Cup

TUESDAY 7 NOVEMBER

Join us for the race that stops a nation.

Enjoy a mouth-watering 5-course lunch with a selection of Tomich wines and draught beers, live music and lucky door prizes. Commences from 12pm in Element.

## Menu

**First Course** | Spring Pea Tart, fetta and prosciutto

**Second Course** | Tiger Prawns, zucchini flower and saffron cream

**Third Course** | Miso Salmon, heirloom tomatoes, spring onions and leche de tigre sauce

**Fourth Course** | Braised Beef Ribs, truffle jus, asparagus and beer mustard

**Fifth Course** | Strawberries, vanilla cream, meringue and white chocolate granita

Tickets \$95 per adult (Menu and Beverage Package)  
Limited tickets available.

Book online at [rwc.org.au](http://rwc.org.au) or at Club Reception.

- events at -

element







*Introducing*

# THE WORKQUIRI

## EXCLUSIVE TO REVESBY WORKERS' CLUB

A bespoke collaboration with Maybe Sammy in honour of Revesby Workers' Club's proud history, loyal members and supportive community.

A daiquiri blend of Bacardi Spiced Rum, Lustau Fino Sherry, Pineapple, Earl Grey Infusion and Orange Bitters, best served over ice with lemon peel.

The WORKQUIRI cocktail will be featured at the Pop Up Bar, located next to Cafe240.

## WORKQUIRI Gift Bottles

**\$23** 100ml

**\$70** 500ml



# Celebrate Christmas

----- MONDAY 25 DECEMBER -----

## CHRISTMAS DAY AT FIRESTONE

Serving a full festive buffet of traditional ham and roasts, fresh seafood and delicious desserts.

### **Tickets**

\$160 per adult

\$55 per child

*(Available for 12 years and under only)*

Visit [rwc.org.au](http://rwc.org.au) for more information or to Book online now.



## ELEMENT FESTIVE FEAST

A more intimate festive celebration with family.

This exquisite menu is designed to share and includes a full beverage package.

### **Tickets**

\$175 per adult

Visit [rwc.org.au](http://rwc.org.au) for more information or to Book online now.



## CHRISTMAS AT HOME

Relax and let us do the cooking for you to enjoy at home.

We'll prepare everything you need, so you can just pick it up, heat and serve.

Each Christmas at Home pack includes a full festive menu of cold fresh seafood and hot traditional roast menu items, as well as delicious pudding, fruit and pavlova for dessert.

### **Cost**

\$125 per adult

Visit [rwc.org.au](http://rwc.org.au) for more information or to Book online now.





# REVESBY WORKERS' SPORTS CLUB

A modern facility with family friendly indoor and outdoor dining space, comfortable lounge, fully equipped bar and outdoor sporting facilities providing the essential space to meet the needs of our local community.

## LOOKING FOR A PRIVATE FUNCTION VENUE?

Revesby Workers' Sports Club offers a flexible indoor and outdoor facility that can be transformed to suit your next event.



Left-right: Showcasing the diverse setups and configurations that Revesby Workers' Sports Club can offer.

For further information and package details contact our Functions Team on 8707 6919 or email [functions@rwc.org.au](mailto:functions@rwc.org.au).

Revesby Workers' Sports Club is only a 5-minute drive from the River Rd Exit On the M5 Motorway. Once you exit the M5, head south along The River Rd and turn left into Spence St.

**Barefoot  
BOWLS**

**Come along and have a bowl with family, friends & workmates!**

For full package details visit [revesbysportsclub.com.au](http://revesbysportsclub.com.au)  
or to book contact  
Functions on 8707 6919 or email [functions@rwc.org.au](mailto:functions@rwc.org.au)



CHECK OUT OUR WEBSITE [REVESBYSportsClub.com.au](http://REVESBYSportsClub.com.au) AND LIKE US ON FACEBOOK TO KEEP UP TO DATE WITH WHAT'S HAPPENING AT THE CLUB.





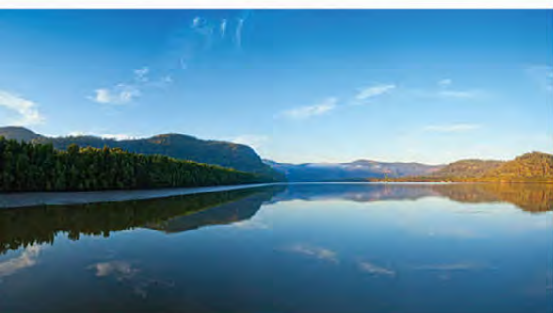
# Indulge

on the Hawkesbury!

**Mooney Mooney Club** is located on the beautiful Hawkesbury River, just an hour north of Sydney.

With stunning vistas looking over Spectacle Island and an emphasis on fresh seafood, our Coastal Dining restaurant is the perfect place to sit back, relax and enjoy your next get together.

Open from 11am daily. Bookings are essential. Call us on 9985 9244 or visit [mooneymooneyclub.com.au](http://mooneymooneyclub.com.au) to book online



**Mooney Mooney Club**  
ON THE HAWKESBURY

5 Kowan Rd, Mooney Mooney NSW 2083  
P: 9985 9244 | E: [mooneymooneyclub.com.au](mailto:mooneymooneyclub.com.au)





**HealthMates**  
Fitness Centre

**Contact Us Today**

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Revesby NSW 2212

P: 8707 6930

[healthmates.com.au](http://healthmates.com.au)

[healthmates@rwc.org.au](mailto:healthmates@rwc.org.au)

[facebook.com/HealthMates](https://facebook.com/HealthMates)

[instagram.com/healthmatesrwc](https://instagram.com/healthmatesrwc)

**Operating Hours**

Mon – Thu	5am – 10pm
Fri	5am – 9pm
Sat & Sun	7am – 7pm

**HOLIDAY TRADING  
HOURS**

**Monday 2 October**      **8am-12pm**  
(Labour Day)      **3pm-7pm**

Please enquire at Health Mates or view our  
App for scheduled classes on this date.

Off-Peak and Matinee members are welcome  
at any time on the above date.

The Tree House Crèche will be closed on the  
above date.

# SPIN AND WIN

**SAVE up to \$89\***

Summer is just around the corner, so now's the time to get moving  
and in shape.

Simply come into Health Mates and SPIN the barrel to find out how  
much you'll get off your joining fee. Everyone wins! A guaranteed  
saving of up to \$89.

**GET IN QUICK! OFFER ENDS  
21 AUGUST 2023**

\*Conditions apply. Valid on all direct debit memberships purchased from 4 to 21 August 2023.  
Maximum of one spin per person. Saving cannot be used on other membership types or redeemed  
for cash. TP/00456.

## BOOTCAMP For Kids

**ACTIVE  
KIDS**

Just like adults, kids can benefit from regular  
exercise. If you're looking for something fun that  
will help your child improve their fitness, strength  
and coordination, this is the activity for them.

**Time:** Thursdays 4pm - 4:45pm

**Ages:** 5 - 13 years

**Cost:** \$12 per class OR \$100 per School Term

(Active Kids Vouchers accepted)

*Parent must be a member of Revesby Workers' Club if living  
within 15kms and remain on Club premises.*

### FREE CLASS PASS

Available for your first visit.  
Contact Health Mates on  
8707 6930



**RESERVE A PLACE BY CALLING  
US ON 8707 6930**



## 5

Clever Ways to Fit  
**Exercise** into a*Busy Lifestyle*

Finding time to exercise can be challenging, but with a little creativity, planning and determination, it's definitely possible to fit it into a hectic day. Here are five strategies to help you:

- 1 **Schedule Your Workouts:** treat exercise as a non-negotiable appointment in your daily routine. Let your household know that you've made this commitment and ask them to back you. Consider pre-booking your exercise class with us. This way you're committed and more likely to show up, plus you won't need to spend time planning what to do as our instructor will take you through your workout.
- 2 **Choose Time-Efficient Workouts:** 30 minute sessions are better than no sessions. Consider workouts or classes, such as HIIT (high intensity interval training) that can be short, but very effective. If your body is not a fan of high intensity training, consider getting a Personal Trainer. They will gear your sessions to your time frame and ensure its effective, taking into account your abilities and goals. On your super busy days, consider breaking your workout up even further. For example, do a 15min walk in your lunch break and a 15min body weight workout while waiting for your dinner to bake.
- 3 **Make Choices:** re-evaluate where you spend your time throughout your day. For example, instead of watching two hours of TV at night, watch one and use the other hour to fit in a workout. How much time do you spend scrolling on your phone? Perhaps that can be reduced to free up some time or done while you're pedalling on a stationary bike. Remember, you only have one body, so taking care of it should be your priority.
- 4 **Make It Social:** combine exercise with socialising, whether that is taking a walk with your partner after dinner, catching up with friends to kick a ball around at the park on the weekend or coming along to an exercise class with your mates. You're less likely to skip your workout if you've already made a commitment to meet up.
- 5 **Move Daily:** find ways to sneak exercise into your day. This is as simple as taking the stairs instead of the lift or elevator, parking further away from the entry to your workplace, carrying your grocery bags to your car instead of taking the trolley, or even walking to the shop when you only need a few groceries. Every little bit adds up.

Health Mates offers over 60 classes per week, Personal Training and personalised exercise plans, all designed to help you make your workouts fun, efficient and productive. For busy parents, don't forget, we have our child-minding service, Mums & Bubs classes (where bub is welcome) and Kids Bootcamp classes, freeing up time for you to squeeze in a workout.







## Georges River Medical Imaging

**'State of the Art Imaging Excellence'**

**NOW OFFERING  
EXTENDED SERVICE ON SATURDAYS  
FOR X-RAY AND ULTRASOUND**

Our experienced staff are happily looking after the medical imaging needs of the local community with lowest radiation dose possible and state of the art imaging equipment.

**Brett St Medical Precinct, Level 1, Suite 5 | P: 8397 6400**

**Phone us for an appointment | Ultrasound bookings essential**

  
Aged & Disability Care

You First Choice for  
**Home Care Packages**

*Live Independently  
In Your Own Home*

My Guardian is an approved provider for Aged Care and a registered NDIS provider. One of the fastest growing home care providers in New South Wales, My Guardian has helped thousands of people to live independently in their own homes. Our range of tailored services include personal care, domestic assistance, social support, allied health, nursing care, respite and much more.

Need help with your Home Care Package or NDIS plan?

**Get in touch today.**

 **Brett Street Medical Precinct**

S9A, L1, 2 MacArthur Ave  
Revesby NSW 2212

 **02 9336 7555**

 **myguardian.com.au**

 **info@myguardian.com.au**



From pain  
to performance.  
**Let's talk  
neck pain.**

Neck pain and related headaches are such a common problem that **20% of Australians** already suffer from them. Don't let your neck pain disrupt your life and stop you from enjoying the things you love!

**Sound familiar?**

Have you enjoyed the immense relief of successful massage and manipulation treatment in your neck and shoulders only to experience the disappointment of the pain coming back soon after? **Don't settle for temporary relief. Treat the root cause!**

**Our three-step approach**

At 360 Physio, we manage neck pain with an effective 3-step approach that is long-term and solution-based rather than a quick fix.

**REMOVE  
your pain**

Get fast relief, find and eliminate the source

**01**

**RESTORE  
your movement**

Protect yourself from re-injury through strength and stability.

**02**

**REDISCOVER  
your potential**

Freedom to do what you want to do.

**03**

If you'd like to know more about our philosophy on a solution-based approach to neck pain, **download our free eBook by scanning the QR code.**



P (02) 9774 2530 | W [360physiorevesby.com.au](http://360physiorevesby.com.au)

**ZONE BOWLING**

**15% OFF  
TWO GAMES  
OF BOWLING\***

Revesby  
Worker's Club  
Member Offer



\*Terms and Conditions Apply



**Specialising in:**

- Car washes
- Professional soft pad & sheep skin machine buffing
- Professional 2 stage hand wax
- Full detailing
- Paint swirl removal
- Paint rejuvenation

**SPECIAL OFFERS**

**Hand Polish**

Get a FREE Engine Clean  
**SAVE \$35**

Limited to the first 20 customers

**Full Detail**

**25% OFF**

For the first 20 customers

Located in Revesby Workers' Club Car Park

**helloworld**  
TRAVEL  
THE TRAVEL PROFESSIONALS  
REVESBY

Open from 9.00am to 5.00pm | Monday to Friday  
Call 9772 2066 | Email [revesby@helloworld.com.au](mailto:revesby@helloworld.com.au)  
Located Ground Floor, Revesby Workers' Club,  
2B Brett Street, Revesby

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**REVESBY WORKERS' LITTLE ATHLETICS CENTRE**  
2023/2024 Season



Registration from  
**1st Sept**



\*Tiny Tots (Born 2019) & a sibling of registered athlete



**GROUPS**

Kelso Park North Sporting Grounds  
Henry Lawson Drive, Panania

w: [revesbylac.org.au](http://revesbylac.org.au)  
m: 0413 886 431  
e: [president@revesbylac.org.au](mailto:president@revesbylac.org.au)

© revesbyworkers' **CRICKET CLUB**

**CRICKET REGISTRATIONS**

All Ages Welcome!  
Boys and Girls 4 Years+ through to Seniors Cricket available.

Via the QR below:



Season commences early September 2023.  
Enquiries [revesbyworkerscricket@yahoo.com.au](mailto:revesbyworkerscricket@yahoo.com.au)  
or contact Ray or Chris Benham on 9773 7157



# Sports

## REPORTS



### INTERCLUB ORGANISATIONS

ATHLETICS – SENIOR	Karen Herrmann	0433 116 859
ATHLETICS – JUNIOR	Christine Butters	0413 886 431
AUSTRALIAN NATIVE ORCHID CLUB	Greg Knight	9720 8570
BANKSTOWN STROKE SUPPORT GROUP	Tony Finneran	0418 295 222
BASKETBALL	George Tzikas	0439 666 295
BILLIARDS & SNOOKER	Lisa Brown	0410 868 161
BOWLS – LADIES INDOOR	Connie Sorrenti	0409 677 755
BOWLS – MENS LAWN	Denis Gallant	0402 114 635
BOWLS – LADIES LAWN	Pat Tate	0408 006 404
CRICKET	Ray Benham	9773 7157
DARTS	Dean Semlitzky	0413 292 337
FISHING	Dean Semlitzky	0413 292 337
FOOTBALL (SOCCER)	Dan Kurtz	0439 133 120
GARDEN CLUB	Carol Griffiths	0438 828 209
GOLF – MENS	John Varrica	0425 258 584
GOLF – SENIORS	John McGuigan	0413 422 945
HOCKEY – WOMENS	Lauren Taylor	0421 455 853
MARINE RESCUE	Derek Whorlow	0417 281 852
MOONEY MOONEY MENS' BOWLS	Steve Hayes	0402 772 550
MOONEY MOONEY WOMENS' BOWLS	Anastasia Delaportas	0400 213 326
MOONEY MOONEY FISHING	Bruce Breese	0429 987 549
NETBALL	Julie Howard	0414 273 503
REVESBY LADIES GROUP	Julie Wurston	0427 379 201
REVESBY WRITERS	Shirley Galloway	9709 4117
SCHOLARSHIP COMMITTEE	Tenielle Symington	8707 6912
SPEARFISHING	Brad Montague	0438 510 146
SWIM CLUB	Christina Richards	0422 060 833
THE LIGHT ON THE HILL SOCIETY	Linda Downey	0411 462 287
TOASTMASTERS	Debra Murphy	0408 437 624
TOUCH FOOTBALL	Daniel Gardner	0452 066 376

#### ATHLETICS (JUNIOR)

Liaison Director: Baden Kirgan

We held our AGM on 8 May 2023 and we warmly welcome four new committee members in Bao Ho, Carolyn Poole, Carissa Sharpe and Maria Xafellis.

We had another successful season in 2022 – 2023 with a move to our new grounds at Kelso North, a record number of registered athletes and a record number of athletes qualifying through Zone, Region and State Championships.

The success of our Centre is thanks to the hard work and dedication of our committee members and many parent volunteers each week. As with all children's sport we require parent participation in the new season to continue to provide a safe and friendly environment to our returning athletes and new members.

The new season of Little Athletics will commence in August 2023 and runs through until March 2024. Registrations will open online in August 2023 via our website [www.revesbylac.org.au](http://www.revesbylac.org.au) and registration nights will be held at Revesby Workers' Club on 18 and 25 August 2023.

Revesby Workers' Little Athletics promotes fun, fitness and skills development in a friendly competitive environment while encouraging family participation, community spirit and values. Any child born between January 2007 and December 2019 can join our Centre in the new season.

Children engage in running, jumping and throwing events in accordance with NSW Little Athletics guidelines with the opportunity to compete at carnivals outside our Centre as well as in regular Friday night competition.

Registration fees are a one off cost each year with no weekly fees involved. Uniforms are purchased from the Centre during the registration period. A small amount of fundraising assists in the purchase of end of season awards and enables us to keep our equipment up to date.

For any information or enquiries please



## Sports Reports

contact Christine on 0413 886 431.

**Stuart McGraw**  
**Publicity Officer**

### BANKSTOWN STROKE SUPPORT GROUP

**Liaison Director: Christine Benham**

Bankstown Stroke Support Group meet on the 4th Wednesday of the month from 10.30am - 12.30pm.

Our program includes:

**August:** AGM plus a Zoom meeting with our Local MP for East Hills - Kylie Wilkinson.

**September:** South West Sydney Local Health District is providing an information session about carers. It may be followed up with talks about NDIS and ACAT although this is not fully confirmed as yet.

**October:** We are hoping for a sailing day experience on Sydney Harbour. While we are yet to book (in the fourth school term) it may possibly be held on the 4th Tuesday.

Members of our group must belong to Revesby Workers' Club.

**Tony Finneran**  
**Treasurer**

### BASKETBALL

**Liaison Director: Christine Benham**

What an exciting end to the 2023 Summer Monday night school competition. A whopping six of our teams made the grand final and of those six, we had two trophy-winning teams! We would like to congratulate the RWC Saint Kings and RWC Saint Giants. We would also like to congratulate the RWC Saint Divas, Hustlers Kings and Hawks for coming runners up in their comp and for all the teams that made it to

The Saturday contingent are well into their competitions with the U14 boys in Menai currently in 1st place and the U13 boys in Bankstown presently 2nd.

We are certain that all teams on a Monday night intend to continue for the upcoming Winter competition which is due to begin in term 3. This is excellent news!

We have also had 14 new players confirming their intention to play and we are in the process of allocating them into suitable teams.

We want to thank the Committee, Sponsors, Coaches and Managers who we rely upon to make the Club successful.

Looking forward to the beginning of the new competition and finishing strong for the competitions currently taking place.

**George Tzikas**  
**President**

### BOWLS – INDOORS (LADIES)

**Liaison Director: David Raper**

Another three months of competition completed. The month of June saw the ladies participating in the Achievers knockout competition. A big congratulations to all of the participants.

**Winner:** Mavis Halls  
**Runner Up:** Frances Rochecouste

Two of our ladies are going to miss bowls for a few months due to health reasons. Sending you our love to Lyn Rolls and Lesley Johnson as we will miss you and look forward to seeing back on the mats.

Weekly winners and runners up for the period April to June 2023 include:

#### 5 April 2023

1st. C. McDonald, J. Taff, M. Clarke  
2nd. C. Packwood, P. Land

#### 12 April 2023

1st. P. Land, F. Rochecouste, J. Moon  
2nd. C. McDonald, M. Clarke, B. O'Connor

#### 19 April 2023

1st. F. Rochecouste, P. Land  
2nd. D. Johnson, J. Moon, L. Rolls

#### 26 April 2023

1st. C. Sorrenti, J. Taff, P. Merrill  
2nd. M. Rogers, C. Packwood

#### 3 May 2023

1st. J. Taff, M. Halls, C. McDonald  
2nd. M. Rogers, B. O'Connor

#### 10 May 2023

1st. M. Halls, M. Rogers, L. Seckold  
2nd. C. Packwood, P. Land, L. Rolls, M. Clarke

#### 17 May 2023

1st. C. Sorrenti, J. Taff, P. Land, P. Merrill  
2nd. L. Seckold, M. Clarke, P. Merrill

#### 24 May 2023

1st. C. McDonald, L. Seckold  
2nd. J. Taff, M. Rogers, B. O'Connor

#### 31 May 2023

1st. B. O'Connor, M. Rogers, D. Johnson, J. Taff  
2nd. M. Halls, J. Moon, C. Packwood

#### 7 June 2023

1st. M. Halls, B. O'Connor, J. Hansen  
2nd. D. Johnson, P. Land, M. Williams

#### 14 June 2023

1st. D. Johnson, L. Seckold  
2nd. P. Merrill, C. Packwood

#### 21 June 2023

1st. D. Johnson, M. Halls, C. Sorrenti  
2nd. F. Rochecouste, B. O'Connor, M. Rogers, J. Moon

Congratulations to all the winners and runners up.

We are reaching out to anyone that would like to join our club as for a multitude of reasons our numbers have dropped. It's a fun day and you don't have to know how to play to join – our current members will eagerly teach you.

Give me a call if you would like to know more about us.

**Connie Sorrenti**  
**Secretary**

### BOWLS – LAWN (LADIES)

**Liaison Director: Daryl Melham**

Congratulations to Jan Calderon who defeated Betty Graham in the final of the Consistency competition. We also congratulate Betty Davidson who was the 5 years and under champion this year.

Two teams entered the District Pat Davis challenge at Padstow. Noeline Hanley, Mary Holloway and Ellie Atme were successful in their game and Gail McQuiggin, Elizabeth McFarland and Jan Calderon put in a fine effort in their game. The eventual winners were Grandviews.

Our new bowls year commenced in July and the Club Major Singles was the first event of the 2023-24 year. The winner will be announced in the next journal report.

Our women's and men's combined presentation night was held in July. A great night ensued with club winners being congratulated and celebrated. Lots of dancing and fun made the night a great success.

The annual Christmas in July charity event was a great success with a maximum 28 teams competing. So many Clubs were represented. The proceeds from the day were donated to Guide Dogs Australia. A day of challenging bowls, beautiful food and fun raffles ensured a great day for all.

In August, pennants will commence. This year, Revesby Workers' will have two teams playing pennants in both Division 3 and Division 4. This year, Revesby Workers' will host the District 4's competition. We will be entering four teams in this event. Revesby Workers' were runners-up last year.

Our Spring Triples challenge will be held in September. Many teams from within



the District will join us for this event. Our sponsors for the day are Finline Print and Copy and SF Manufacturing. Their support is greatly appreciated.

October will be a busy month for us. The state triples and the state pairs take place at this time and our Club Pairs will start in this month. Our annual friendship day with Picnic Point will also be played in October. This is always a fun day celebrating the friendship between our two clubs. We host the event this year.

Apart from enjoying our bowls at Revesby, we also like travel to carnivals at other clubs. This is a great opportunity to meet other players, play on a variety of greens and have a lot of fun. For example, our club has recently played at Glenbrook Bowling Club and we are also playing in the Ingleburn Sixes and the Grandviews Spring Carnival.

Once again, we look forward to welcoming new players to our club. We have lots of fun and coaching is provided for inexperienced bowlers. We play on Thursday mornings and on Saturday afternoons with the Men's Club.

If interested please contact our President, Dianne Oliver (0412 738 420) or our secretary, Pat Tate (0408 006 404).

**Maureen Higgs**  
**Publicity Officer**

### **BOWLS – LAWN (MENS)** **Liaison Director: Daryl Melham**

Firstly, the Revesby Workers' Men's Bowling Club welcomes our new Liaison Director, Dave Raper and we look forward to a successful working relationship with him. He is a very active member of our club, having been Vice President for many years.

The month of May saw the return from Perth of our hard-working Secretary, Peter Went, who still managed to keep the members informed of all the activities around the clubhouse. We have finally completed the Club Championships for the year, 2022-2023 with the following results:

#### **Club Fours**

**Winners:** Peter Went, Warren Gibson, Shane Matakaiongo, Dave Raper  
**Runners Up:** Trevor Heaslip, Jan Stiskala, Steve Jackson, Col Heaslip

#### **Mixed Fours**

**Winners:** Diane Oliver, Jan Pennell, Glen Miller and Peter Went  
**Runners Up:** Lyn Gallant, Joy Pavey, Denis Gallant and Dave Raper

#### **Club Triples**

**Winners:** Jan Stiskala, John Banes and Peter Chown

**Runners Up:** Alan Rae, Jim Hardie and Adrian Hart:

#### **Graded Triples 2022-2023**

**Winners:** Ray Fitzpatrick, Wayne Dewberry and Laurie Wilson  
**Runners Up:** Ron Hastie, Sue Semlitzky and Paul Kirgan

#### **Graded Triples 2021**

**Winners:** Adrian Hart, Pat Martin and Dave Raper  
**Runners Up:** Glen Blades, Glen Miller and James Clifton

#### **Major Pairs**

**Winners:** Peter Shean and Dave Raper  
**Runners Up:** Wayne Dewberry and Peter Chown

#### **Minor Pairs**

**Winners:** Ray Fitzpatrick and Denis Randall  
**Runners Up:** Ken Sayers and Denis Gallant

#### **Major/Minor Pairs**

**Winners:** Jo-Anne Jackson and Steve Jackson  
**Runners Up:** Chris Powell and Peter Shean

#### **Veterans Pairs**

**Winners:** Denis Gallant and Peter Shean  
**Runners Up:** Tony Weekes and Jim Hardie

#### **Mixed Pairs**

**Winners:** Sue Semlitzky and Shane Matakaiongo  
**Runners Up:** Clare Chown and Peter Chown

#### **Consistency Singles**

**Winner:** Peter Shean  
**Runner Up:** Brian Barrett

#### **Veterans Singles**

**Winner:** Allan Kirby  
**Runner Up:** Peter Shean

#### **Minor Singles**

**Winner:** George Atme  
**Runner Up:** Steve Shaw

#### **Major Singles**

**Winner:** Peter Chown (Club Champion)  
**Runner Up:** Col Heaslip

We had many of our bowlers enter in the Zone 12 Championships, some managing to make it to semi-final stage but not successful in the final. Our two Peters, Peter Chown and Peter Shean were selected to represent Zone 12 in the State Senior Fours Division played at Maitland with plenty of wins along the way, but unfortunately couldn't reach the final play offs.

We held our Annual Bill Bullard Charity bowls day with 70 bowlers taking part on the day and a healthy profit will go towards the Bill Bullard Charity. Our upcoming events include Green Keepers Day on Friday 4 August 2023 which according to previous years promises to be a fun day not to be missed with proceeds donated to the Prostate

Cancer Council. In between various Club Championships to be held, we have our AGM and Appreciation Day scheduled for Saturday 9 September 2023.

Sunday 24 September 2023 will see our Bowlers, Darties, Golfers and Cricketers BBQ Day organised with all invited. The Annual Olsens Ham and Turkey Day will be held on Saturday 9 December 2023 which is a popular event with many bowlers coming from out of the area. Our recruitment drive encourages new members to come down to the Sports Club and join the bowlers at our picturesque setting or give our President Denis Gallant a call on 0402 114 635 and he will put you in touch with our qualified coaches.

**Denis Gallant**  
**President**

### **CRICKET**

**Liaison Director: Christine Benham**

At the time of writing this report, I would normally be detailing all our award winners from our Junior and Senior 2022-23 Presentations, but we will have wait until the next Journal, by which time we hope we will have held the Presentations! Extracting the statistics has been a major challenge, due to the limitations of the new platform imposed on us last season – PlayHQ – which is still under development. This has been our 60th season, really one to celebrate.

The 2023 Masters Cup (Over 35s Super 8s) has been up and running since May with several successes. As there are only four teams in the competition this season, a place in the semi-finals is guaranteed! The competition, which is very social and enjoyable will conclude in early August!

The Club has been keenly following the Australian men's and women's teams' successes overseas, and is immensely proud of the bowling of Ash Gardner, particularly her record of taking 12 wickets in one match! Ash played her junior cricket with Revesby Workers' Cricket Club, and we congratulate Ash and her parents, Jim and Kate, on her outstanding successes.

Registrations for the upcoming summer competitions commenced from 1 July. It is compulsory that all junior and senior registrations be undertaken on-line – just visit the "Play Cricket" site and enter your postcode – Revesby Workers' Cricket Club will be one of your options, which I hope you choose! Players of all ages and abilities are welcome.

For any enquiries, please contact Chris or Ray on 9773 7157 or at [revesbyworkerscricket@yahoo.com.au](mailto:revesbyworkerscricket@yahoo.com.au).



## Sports Reports

We look forward to an enjoyable 2023 – 24 season.

**Christine Benham**  
**Secretary**

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### DARTS CLUB

**Liaison Director: David Raper**

We have a friendly social darts night every Thursday in Rogues Sports Bar. Names in before 8pm, players at all levels welcome a fun and friendly night.

On Saturday 24 June 2023, Revesby hosted a game against Wattle Grove Hotel. It was a very successful day and Revesby Workers' came away with the win. Thank you to the Wattle Grove players for coming out and we hope to do it again.

Revesby Workers' is also hosting Newcastle Workers on 6 August 2023 for our 54th annual event. It is always a great day and we are looking forward to another great challenge.

Back in April we had our 2nd ever Sharky Memorial Day in honour of our great mate the late Matt "Sharky" Gleeson. This day saw 60 odd members, family and friends of Sharky turn up for a great social day of darts. Thank you to Lisa and those involved in helping set up what was a terrific day.

Championships will be coming up in late August with the singles on 27 August 2023 and the doubles at a date to be confirmed.

It would be great to see new players for our Thursday night social, so if you are free come down for a great night of fun.

**Dean Semlitzky**  
**President**

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### FISHING CLUB

**Liaison Director: Christine Benham**

To date we have managed to get out for 3 trips this year on our new charter boat. We travel from Wollongong Harbour every 2nd Sunday of each month. In March, we experienced a very rough trip weather wise and unfortunately had little success.

Our May trip was a great day with everyone getting a good feed. Our most recent charter in June was a cracker of a day, but unfortunately no drift. We still managed to get a few fish on board which was great.

The last few trips have seen some good Morwongs, Snapper, Flatheads, piggys, leather jackets and more. Michael Oh and Victor Song seem to be leading the competition so far and great to see an old member in Branko back on board fishing again.

We have upcoming trips booked on 9 July 2023, 13 August 2023, 10 September 2023, 8 October 2023 and 12 November 2023.

If anyone is interested in going out on the charter boat and joining us for a fishing trip, feel free to call Dean on 0413 292 337.

**Terry Semlitzky**  
**Secretary**

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### FOOTBALL (SOCCER)

**Liaison Director: Daryl Melham**

Revesby Workers' Football Club are currently at the halfway point of the season. With the efforts of over 550 players in 36 teams, we know we will be well represented in finals starting August.

Recently, on Saturday, 20 May 2023, we held our 60-year anniversary day. This was a great day! Lots of football, food, and fun in the form of a 7D movie cinema, rock climbing wall and jumping castles. On Saturday, 17 June 2023, we hosted the district Under 9s gala day where we had 41 teams visit Marco reserve for a fun filled day.

On Saturday 29 July 2023, we will be hosting a trivia night at Revesby Workers' Club commencing at 7pm. Tickets can be purchased at [www.trybooking.com/events/landing/1045570](http://www.trybooking.com/events/landing/1045570).

We will once again be hosting Girls/Ladies Summer Football starting in October at Milperra Reserve. Keep an eye on our socials for details.

We'd like to extend our thanks to the Board of both Revesby Worker's Club and Bankstown District Amateur Football Association together with the efforts of our tireless volunteers for all their support throughout the season so far.

**Liz Errington**

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### GARDEN CLUB

**Liaison Director: Christine Butters**

The cold and wet might be here with us but so are our colourful gardens!

In fact, the weather was not at its best when we visited Red Cow Farm last April. However, its unique themed garden 'rooms' made the whole trip memorable. It was made even more so when our coach's skid plate got stuck at the kerb before lunch. This brought the Furies, Emergency Services personnel and the Police to the rescue. We did not make on to the evening news, though!

Our guest speaker in May was Professor Richard de Grijjs, who traced the historical trail from the First Fleet up to the Harbour Bridge. He supplemented his talk with maps and generously donated one family

pass to the Australian Maritime National Museum for our raffle.

In May, some of our members attended the funeral of ex-President Priscilla Duncan at Kembla Grange. Our club had a lovely floral arrangement sent to her family in recognition of her service to the club.

The month of June marked Friendship Day and five members from the Concord Garden Club joined us. We had fresh Devonshire Tea for our morning break, a real treat indeed!

Our guest speaker that month was Cleo Lynch who narrated her journey from a prison officer to a parole officer. She was the last parole officer of Darcy Dugan, NSW's most notorious prison Houdini!

In July we have invited Bill Phippen from the Australian National Maritime Museum. A member of the Australian Historical Society, he was also awarded an Order of Australia medal in 2013. His talk will be on Kathleen Muriel Butler, nicknamed the Godmother of the Sydney Harbour Bridge. She was the confidential secretary to John Bradfield during the building of the Sydney Harbour Bridge. Bradfield was the Australian engineer in charge of its design and construction.

Our August guest speaker will be Faye Yarroll, who will cover cochlear implants. A double cochlear implant recipient herself, she got her first in 2005 and her second bilateral implant in 2007. She is an active member of the Cochlear Awareness Network in Australia.

Helen Lovel from Neutrog Garden Products will speak to us in September. She was Neutrog's first sales representative in early 2000 and is now their Brand Ambassador. The company manufactures biological fertilizers which they claim are more efficient and more environmentally friendly than commercial types.

Bonsai expert Brenda Parker is slated to be our October guest speaker. We will also have our much awaited Spring Coach Tour later that month to the Blue Mountains. It will be our last tour for this year.

Due to popular demand, bush poet Ralph Scrivner will come again in November.

Of course we all look forward to our Christmas luncheon in December, which will round up yet another noteworthy year.

The Garden Club meets on the first Saturday of each month (except December and January) from 10am – 12pm at the Revesby Workers' Club.

Join us for Fun, Friendship and Flowers! For more details, our website is [www.rwcgarden.com](http://www.rwcgarden.com).



In closing, we take this opportunity to report the passing in late June of Judith Cologon, Life Member and ex-Tour Organiser. She will long be remembered for her cheerfulness and dedication to our Garden Club.

**Yolanda Latif**  
**Publicity Officer**

### **GOLF (MENS')** **Liaison Director: Baden Kirgan**

The club was formed in 1961 and is a thriving sub-club of the Revesby Workers' Club. The golf club currently has in excess of 50 members and is run by a very dedicated group of elected officers.

This year the club has a schedule of 37 games which are played on most Sunday mornings on many top golf courses in the greater Sydney area. If you enjoy golf and would like a game with a friendly bunch of social golfers, then Revesby Workers' Men's Golf Club is the club for you. If you would like to play as a visitor or are interested in joining the club, please contact us.

For further information, please visit our informative website  
[www.rwcmensgolf.org](http://www.rwcmensgolf.org).

The 2023 season is in full swing now and we have had some great events since we last reported. The first of these events was the annual PFA Cup against our good friends from Goulburn Workers' GC and it was held at Moss Vale GC on 2 April 2023. Once again, the camaraderie was great and the competition very close. Goulburn were victorious this year with a score of 31.5 pts to Revesby's 30.02 pts.

Individual winners for the day were:

**Outright:** Manny Petris 39 pts  
**A Grade:** Seb Ares 34 pts  
**B Grade:** Cliff Bourquin 32 pts  
**C Grade:** Craig Franklin 35 pts

On 16 April 2023 we commenced our 2BBB Club Championship which is the first major of the year and played at Macquarie Links GC.

**Winners:** Seb Ares & Mark McSwiney 44 pts c/b  
**Runners up:** Adam Giltinan & Dennis May 44 pts

The 2nd round of the 2BBB championship was held at Cumberland GC which is a new course for us. The course played tough and no player was able to play to his handicap.

**Winners:** Manny Petris & Peter Davis 42 pts  
**Runners Up:** Pat Collins & Jay Krishna 41 pts

After scrutinising all of the results, this year's 2BBB Club Champions are the father

and son team of Mitchell Floyd & Steve Floyd.

**30 April 2023: The Ridge GC**  
**Outright Winner:** Seb Ares 41 pts c/b  
**A Grade:** Santo Sammarco 41 pts  
**B Grade:** Michael Kabalan 38 pts  
**C Grade:** Bob Mallia 41 pts

**7 May 2023: Camden GC-Single Stableford**  
**Outright Winner:** Steve Vaughn 43 pts  
**A Grade:** John Varrica 39 pts  
**B Grade:** Mark McSwiney 40 pts  
**C Grade:** Craig Franklin 36 pts

**21 May 2023: Antill Park GC – 2BBB**  
**Winners:** Steve Vaughn & Craig Flint 40 pts  
**Runners up:** Terry Venardos & Ken Harris 46 pts

The annual Hunter Valley trip began on the 26 May 2023 and kicked off at The Vintage GC. The winner that day was Bob Mallia with 22 pts after the round was abandoned halfway through because of bad weather. Round 2 was at Cypress Lakes Resort and was won by Pat Collins with 42 pts and round 3 played again at Cypress Lakes was taken out by Mitchell Floyd on a countback. The 2023 Hunter Valley Champion after the 3 rounds was Pat Collins with an aggregate score of 84 pts.

In the coming months we will be commencing the club 4BBB Matchplay Championships which runs over 5 weeks, as well as our yearly challenge against Canberra Labour Club at Yass GC. This will be an overnight stay for the boys and another chance to bond.

Until next time, keep happy and keep swinging.

**John Varrica**  
**President**

### **GOLF (SENIORS')** **Liaison Director: Christine Benham**

The Seniors Golf Club just completed the Stableford Championships for 2023.

**A Grade**  
**Winner:** Robert Keast  
**Runner up:** Robert Byrne  
**3rd:** Peter O'Brien  
**4th:** Paul Ryan.

**B Grade**  
**Winner:** Robert Hunt  
**Runner up:** Robert McLachlan  
**3rd:** Trevor Carr  
**4th:** Neil Gerrard.

The Bill Farrell match play winner was Robert Byrne with the runner up being John Evans. The 6th monthly putting competition was won by John Evans.

The Seniors Golf Club have been getting

good attendances despite the cold weather, however, we are always looking for new members. You must be 55 or over to join.

If you are interested, we can be found every Tuesday from 10am at the Revesby Workers' Club, Level 2 at the end of the TV lounge.

We will also be holding our Xmas in July luncheon at 12pm on Friday, 21 July 2023 at Revesby Sports Club.

**Syd White**  
**Secretary**

### **HOCKEY (WOMENS')** **Liaison Director: Christine Benham**

The 2023 Season started off with our team heading to Albury to play in the Masters carnival over the Easter weekend. This was our first carnival away since prior to the start of the pandemic and it was great to get out and about to support local businesses in and around the Albury area, all while playing some great hockey.

After Easter we kicked off our Winter season playing at Moorebank in the Social League. We are having a fantastic season and are currently sitting at the top of the table. This season we have welcomed a couple of new players and some familiar faces have come back after a break and are enjoying their hockey with us.

At the end of July a number of our Masters Ladies will be heading to Parkes to represent Metropolitan South West Hockey Association at the State Championships, good luck ladies. We also have a few players that play in the Sydney Women's Hockey League Masters competition for NSW and their team is looking to finish the regular season as minor premiers once again.

The end of the year is looking just as busy, with our annual Presentation Day at the Revesby Sports Club, final series with our ladies hopefully holding the trophy, a trip to the Central Coast Masters carnival, and the start summer competitions.

If any ladies are interested in playing hockey, please contact [revesbyworkershockey@gmail.com](mailto:revesbyworkershockey@gmail.com).

We welcome all abilities from beginners to seasons pros.

**Erin Whiddon**

### **LADIES GROUP** **Liaison Director: Christine Butters**

This last quarter we have had two bus trips with a good attendance by our members.



## Sports Reports

Guest speakers, Ralph Scrivens-Aussie Bush Poet and Carol Edmonds from Hearing Australia spoke about better hearing and what is available. Vera Lioindass spoke about her travels to Alaska while Mark Bundy from Rookwood Cemetery spoke about the History of Rookwood. Jacqueline from Three Bridges spoke about Home Care Package and Jane Cox from Silverwater Corrections Complex spoke about her work life and environment.

In-house shopping days with Tina Hyman selling her beautiful jewellery and Sally Gulson with her fashionable leather handbags and Robyn from Rainbow Fashions.

We have more interesting visitors and activities planned for the remainder of the year!

We thank all our visitors for their time and continued support to our group.

If you are interested in joining our group or would like any further information you can contact me  
[revesbyladiesgroup@outlook.com](mailto:revesbyladiesgroup@outlook.com).

**Julie Wursten**  
Coordinator

### NETBALL CLUB Liaison Director: Baden Kirgan

This season we had a total of 14 teams, a total of 135 players from our babies to seniors.

Thank you to all our Coaches, Managers, Umpires and Committee members for 2023 our club is unable to run without our volunteers.

Congratulations to Ella Martin on receiving her District A badge, Izzy McFarlane for receiving her District B and Hayley McFarlane on receiving her District C badge. Thank you to our mentors for helping these girls reach their goals. You all have worked so hard, and we look forward to seeing you grow into beautiful umpires.

Saturday 17 June 2023 was a busy round for our club as we had our annual Bill Bullard Charity Bucket Day with all proceeds going to Bankstown Hospital for Specialised Medical Equipment.

Our club also had its annual Beanies for Brain Cancer round with all beanie and scarf sales going to the Mark Hughes Foundation. All profits go into much needed funds to promote research, heighten awareness and support brain cancer patients and their families. Kristy and her family would like to thank everyone who purchased a beanie or scarf.

Congratulations to our Rep players Lexi

Dredge, Izzy McFarlane and Megan Hallows for attending the State Titles this year, you all played amazing and gave 110%.

It was great seeing all the young and older girls looking beautiful in their uniforms on photo night.

Our Bingo Night was a great night by all, and many prizes were won. Thank you to everyone for your donations. Congratulations and best wishes to all our teams that are competing in their Semi Finals, Finals and Grand Finals.

### Goal Ring 2023

**Kristy Montgomery**  
Publicity Officer

### REVESBY WRITERS' Liaison Director: Baden Kirgan

The Revesby Writers Group meet on the first Saturday of the month between 1pm - 4pm in the Macarthur Room located at Dixon Lane, Revesby.

The Revesby Writers are hopefully publishing some of their short stories in August 2023.

The Group always welcome new members and encourage them to also publish their stories.

Please contact Shirley Galloway with any enquiries

**Shirley Galloway**  
Publicity Officer

### SWIM CLUB Liaison Director: Christine Benham

Revesby Workers' Swim Club had an exciting end to our Summer season with 14 of our swimmers competing at the National Age Championships on the Gold Coast in April. Our team consisted of Rachel Banfield, Sienna Bautista, Iris Bochenek, Marli Broughton, Jiazi Chen, Liam Davis, Kate Edwards, Andre Ferreira, Mark Gifford, Charlie Gray, Talia Luongo, Nicholas Macher, Jaxson Smith and Blake Waugh.

We had 6 of our junior swimmers making their debut in National Age pool competition (Rachel, Sienna, Iris, Marli, Jiazi & Talia) and 6 of our senior swimmers making their final appearance at Age competition as they move into the Open ranks next season (Liam, Andre, Charlie, Kate & Blake). Congratulations to Jiazi, Kate, Charlie, Talia, Nicholas, Jaxson and Blake who make Top 10 and Top 20 finishes during the week long competition.

Alongside our National Age

Championships, we saw 5 of our senior swimmers compete at the National Open Swimming Championships on the Gold Coast. Our team consisted of Kirrily Edwards, Alexander Hejaj, Emily Maythers, Jacob Simpson and Kaden Smith. Congratulations to Alexander and Kaden for their Top 10 and Top 20 finished during the event. We recognise and thank the amazing support from our coaching partners – Harlee Elite under the direction of Alex Clarke – for their time at Nationals and throughout the season.

Well done to Abbey Connor, Jacob Simpson and Charlie Gray who represented Revesby Workers' at the World Championship Trials held in Melbourne earlier this month. Abbey swam a heart stopping 200m Butterfly where she swam well under the qualifying time to grab 2nd place and secure a spot on the Australian World Championship team due to compete in Fukuoka, Japan in July.

Congratulations to Alexander Hejaj who competed in the Paralympic Virtus Global Games in France during June. Alex came home from his first international meet with 9 medals – 4 gold, 4 silver and 1 bronze. Exciting times ahead for Alex after such a breakout meet on the international stage.

We would also like to recognise our swimmers who were selected on NSW performance squads this year: Abbey Connor, Kai Robertson, Jaxson Smith, Jacob Simpson, Blake Waugh, Charlie Gray and Lachlan Hanratty.

To kick off the Winter Short Course session, we had 88 of our swimmers compete in the recent area Metro South West Championships held over a weekend at Homebush. It was fantastic to see so many PBs swum, medals and Top 10 finishes. At last count, we were running first in the Men's point score and second in the Female's point score, taking a strong lead in the combined point score. We eagerly awaiting the final results to see if we took out the Premier Club for the Metropolitan South West region.

Upcoming we have representatives competing in the short course Junior Metropolitan, Junior and Senior State Championships – we wish them all the best.

**Christina Richards**  
Secretary



# GENERAL information

## Revesby Workers'

**Address** 2B Brett Street,  
Revesby, NSW 2212

**Mail** PO BOX 300,  
Milperra, NSW 2214

**Phone** 9772 2100

**Email** mail@rwc.org.au

**Website** rwc.org.au

**Facebook** @RevesbyWorkersClub

**Instagram** @revesbywc

**Twitter** @clubrevesby

## Trading Hours

### REVESBY WORKERS' CLUB

Reception 9772 2100  
Box Office 9772 2100  
Every Day 9am – 6am

### FIRESTONE / AUNTY EIGHT'S

Sun-Thu 11.30am – 9pm  
Fri-Sat 11.30am – 9.30pm

### CAFE 240

Sun-Thur 9am – 10pm  
Fri-Sat 9am – 12am

### PRESIDENTS LOUNGE BAR

Sat 7.30pm – 1am

### BAR 240

Daily 9am – 5.30am

### ROGUES SPORTS BAR

Mon-Sun 9am – Late

### ROGUES SPORTS BAR (STAFF HOURS)\*

Staffed from midday

*\*Hours subject to change*

### MISS IGGY'S

Mon-Sun 3pm – 4am

### HEALTH MATES

Phone 8707 6930  
Mon-Thu 5am – 10pm  
Fri 5am – 9pm  
Sat & Sun 7am – 7pm

### THE TREE HOUSE

Phone 9771 6883  
Mon-Fri 7am – 6.30pm

### HAIR NECESSITIES

Phone 9723 2287  
Mon-Fri 9am – 5pm  
Sat 9am – 2pm

### HELLOWORLD

Phone 9772 2066  
Mon-Fri 9am – 5pm

### REVESBY WORKERS' SPORTS CLUB

1 Spence Street, Revesby NSW 2212

Phone 9773 6752  
Wed-Thu 11am – 9pm  
Fri-Sat 11am – 10pm  
Sun 12pm – 5pm

### MOONEY MOONEY CLUB

5 Kowan Road, Mooney Mooney NSW 2083

Reception 9985 9244  
Sun-Mon 11am – 9pm  
Tue-Thur 11am – 10pm  
Fri-Sat 11am – 11pm

### COASTAL DINING

Phone 9985 9199  
Sun-Mon 11.30am – 8pm  
Tue-Thur 11.30am – 8.30pm  
Fri-Sat 11.30am – 9pm

## The 15km Radius

If you are not a current member and live within a 15km radius, you will need to become a member or be signed in by a member to gain entry to the Club. For a complete listing of suburbs that fall within the 15km radius, please visit our website.

## Your safety, comfort & enjoyment is important to us

Persons under 18yrs of age must be accompanied by a parent or guardian at all times whilst on Club premises – including for shows.

## Dress Regulations

Patrons must be presentably attired at all times. Whilst on the Club premises the following items of clothing are not permitted in the club:

- Revealing
- Dirty, unkempt, soiled;
- Offensive or gang related

AS DRESS IS SUBJECTIVE MANAGEMENT RESERVES THE RIGHT TO REFUSE ENTRY TO ANY PERSON WHO IN ITS OPINION IS NOT SUITABLY ATTIRED.

## Your Conduct

Patrons' conduct must be orderly and not offensive.

Patrons who are drunk, disorderly, violent or suspected of taking illicit substances will be refused entry or asked to leave the premises immediately. \$550 on-the-spot fines can apply.

Club management reserves the right to refuse entry to anyone if, in their opinion, their standard of dress or behaviour is considered unsuitable for Revesby Workers' Club.

## Getting Here & Around

Security escorts are available for your convenience 24/7. Please speak to a Duty Manager to arrange.

### PARKING

More than 700 spaces are available in the multi-level Tarro Avenue Carpark.

### TRAIN

The Club is situated directly opposite Revesby Train Station on the Airport & East Hills Line.



miss  
iggy's

UP UP UP  
*and away*

WIN

overseas holiday

Party

Shop

Play



with your Bestie in IBIZA



till you drop in NEW YORK



all day in TOKYO

Simply purchase select drinks at Miss Iggy's for your chance to WIN!  
Visit [missiggys.com.au](http://missiggys.com.au) for full details.

ROGUES  
SPORTS BAR

WIN

HARLEY-DAVIDSON

STREET BOB

Purchase any Carlton & United Breweries draught  
product for your chance to WIN!  
Visit [roguessportsbar.com.au](http://roguessportsbar.com.au) for full details.

